Approved by Deputy Rector for Academic Affi

\_E.V. Konovalova

<u>"13" June 2024, Record No. 5</u>

### **Professional Practice, Physician Assistant**

## Syllabus

Department	Internal diseases	
Curriculum	s310501-ЛечДело-Ин-24-1.pli.xml Specialty 31.05.01 General Medicine	
Qualification	General Practitioner	
Form of education	Full-time	
Total (in credits)	4	
Total academic hours including:	144	Control: Credit, 8 <sup>th</sup> term
Classes Self-study	0 144	
Control hours	0	

#### Course outline in terms

Academic year (Term)	4 (4.8)		Total	
Weeks	2 2 3			
Types of classes	Cur	Syl	Cur	Syl
Lectures	-	-	-	-
Practical	-	-	-	-
Self-study	144	144	144	144
Control hours	-	-	-	-
Total	144	144	144	144

The Syllabus is compiled by:

PhD in Medical Sciences, Associate Professor, Shuvalova O.I.\_\_\_\_\_

## The Syllabus Professional Practice, Physician Assistant

Developed in accordance with Federal State Educational Standard:

Federal State Educational Standard of higher education in the specialty 31.05.01 General medicine (Order of the Ministry of Education and Science of the Russian Federation on August, 12, 2020 № 988)

Based on the Curriculum: 31.05.01 GENERAL MEDICINE Specialization: General Medicine Approved by the Academic Council of Surgut State University, "13" june 2024, Record №5

The Syllabus was approved by the department Internal diseases

Head of Department, Doctor of Medicine, Professor Ariamkina O.L.

Chairman of Academic and Scientific Council, PhD in Medical Sciences (Medicine), Senior Lecturer Vasilyeva E.A.

### **1. AIM OF THE PRACTICE**

The **aim** of the practice is to develop basic functions of the professional activity of a hospital doctor, the formation and development of professional competence, the formation of professionally significant personal qualities.

## 2. OBJECTIVES OF THE PRACTICE

1. To form the ability and willingness to implement the ethical and deontological aspects of medical activity in communication with colleagues, nursing staff, adults and adolescents, their parents and relatives;

2. To form the ability and willingness to analyze medical information, based on the comprehensive principles of evidence-based medicine, based solutions using theoretical knowledge and practical skills in order to improve their professional activities;

3. To form the ability and willingness to analyze the results of their own activities to prevent mistakes considering disciplinary, administrative, civil and criminal liability;

3. To form the ability and willingness to apply the methods of asepsis and antisepsis, to use medical tools, to conduct sanitary treatment of treatment rooms, to have skills of patient care technology;

4. To form the ability and willingness to conduct and interpret the survey, physical examination, clinical

examination, the results of modern laboratory and instrumental studies, morphological analysis of biopsy, surgical and sectional material, and the ability to fill the primary medical card (inpatient medical card);

5. To form the ability and willingness to conduct pathophysiological analysis of clinical syndromes, to

substantiate justified methods (principles) of diagnosis, treatment, rehabilitation and prevention among adults and adolescents, taking into account their age and sex groups.

3. COURSE OVERVIEW
Course code (in curriculum) <b>Б2.Ο.02.03(Π)</b>
Assumed background (courses and practices):
Bioethics
Topographic anatomy and operative surgery
Microbiology, Virology
Pharmacology
Pathophysiology
Clinical pathophysiology
Hygiene
Public health and Health care, Economy of Public Health
Epidemiology
Neurology, medical genetics, neurosurgery
Obstetrics and gynaecology
Faculty Therapy, Professional Diseases
Internal Diseases Propaedeutics, X-Ray Diagnostics
General surgery, radiology
Traumatology, orthopaedics
Disaster medicine
Russian
Clinical anatomy
Nursing
Educational Practice, primary professional and research skills practice
Educational Practice, Clinical practice (therapeutic patient care, surgical patient care)
Professional Practice (nursing staff assistant)
Professional Practice (ward nurse assistant)
Professional Practice (procedural nurse and physician assistant)
Post-requisite courses and practice:
Obstetrics and gynaecology
Hospital Therapy, Endocrinology
Ambulatory Therapy
Hospital Surgery, Paediatric Surgery
Clinical Surgery
Professional Practice, Academic Research Work
Professional Practice, General Practitioner Assistant
4. PLACE AND PERIOD OF PRACTICE

Semeste	er Place	Department	Period
VIII	Surgut District Clinical Hospital	Hospital/ Dispensary	June-July
	Surgut District Cardiology Dispensary	departments	
	Divisional Clinical Hospital (station Surgut, Russian		
	Clinical City Clinical Hospital		June-July
	Surgut Clinical Traumatology Hospital		June-July
	Outside Surgut (based on agreements and letters of		June-August
	guarantee)		
	of practice – stationary and outside		
6. Form	of practice – discrete		
	7. RESULTS UPON COMPLETION	OF THE PRACTICE	
	petences upon completion of the practice		
	ble to organize and manage the team-work developing a		-
professio	ble to use modern communication technologies, includin nal interaction		
	ble to analyze and take into account the diversity of cultu		
GPC-1 -	able to implement moral and legal norms, ethical and de	contological principles in pr	ofessional activities
	able to apply medical devices approved for medical procions of the patient	cedures, as well as to condu	ct diagnostic
	able to assess morpho-functional, physiological states an rofessional tasks	nd pathological processes ir	the human body for
GPC-7 -	able to prescribe treatment and monitor its effectiveness	and safety	
GPC-8 - a	able to provide and monitor the effectiveness of the patien	nt's medical rehabilitation, in	cluding the individual
rehabilita	tion and habilitation programs for the disabled, to assess	s the patient's ability to carr	y out labor activities
Professio	onal Competences:		
PC-1 - A	ble to diagnose, to determine the development of compli	ications and take measures	to provide emergency
	ase of sudden acute diseases and complications of chroni		
	ble and ready to diagnose and treat the exacerbation of n		
	emergency medical care; to diagnose and carry out eme	ergency measures for life-th	reatening acute
	ble to make a diagnosis, define the development of comp ment of patients	lications and carry out mea	sures for diagnostics
personali	ble to develop a treatment plan (medication, non-medica zed treatment, including for pregnant women, elderly an y of the therapy		
	apable of maintaining medical records and organizing th	e activities of medical pers	onnel
PC-9 - C	apable of analyzing and publicly presenting medical info	ormation based on evidence	-based medicine
	Able to participate in applying new methods and techniq		
	e end of the course students must:		•
	Know:		
	etiology, pathogenesis and measures of preventing the	most common diseases	
	modern classification of diseases;		
	a clinical picture, features of development and possible	complications of the most	widespread diseases
	in a typical form at various age groups of patients;	-	-
	diagnostic methods, diagnostic opportunities of examin modern methods of clinical, laboratory, instrumental ex radiological methods, ultrasonic diagnostics);		
	criteria of the diagnosis of various diseases;		
	methods of treatment and the indication to their use;		
	-		

	determine the patient's status: collect anamnesis, conduct a survey of the patient and / or relatives,
	conduct a physical examination of the patient (examination, palpation, auscultation, blood pressure measurement, determine the properties of the arterial pulse, etc.);
	assess the patient's condition and decide on the need for medical care;
	conduct a primary examination of the systems and organs of the nervous, endocrine, immune,
	respiratory, cardiovascular, blood and blood-forming organs, the digestive, urinary, reproductive,
	musculoskeletal and joints, eyes, ears, throats, and nose;
	establish priorities for solving patient health problems: critical (terminal) condition, condition with pain
	syndrome, condition with chronic disease, condition with infectious disease, disability, geriatric
	problems, state of mental patients;
	assess social factors affecting the patient's physical and psychological health: cultural, ethnic, religious,
	individual, family, social risk factors (unemployment, violence, illness and death of relatives, etc.);
	make a preliminary diagnosis - to synthesize information about the patient in order to determine the pathology and the causes of it;
	determine the amount of additional research in accordance with the prognosis of the disease, to clarify the diagnosis and obtain a sufficient result;
	interpret the results of laboratory and instrumental methods of examination;
	determine the presence of a fracture and dislocation, free gas in the abdominal cavity, hydrothorax, pneumothorax, etc., using a radiograph;
	make a preliminary diagnosis - to synthesize information about the patient in order to determine the pathology and the causes of it; outline the amount of additional research in accordance with the prognosis of the disease, to clarify the diagnosis and obtain a reliable result;
	formulate a clinical diagnosis; develop a plan of therapeutic (surgical, obstetric-gynaecological) actions, taking into account the peculiarities of the course of the disease and its treatment;
	formulate indications for the chosen method of treatment taking into account etiotropic and pathogenetic means, to justify pharmacotherapy in a particular patient with the main pathological syndromes and emergency conditions, to determine the route of administration, regimen and dose of drugs, to evaluate the effectiveness and safety of the treatment;
	select an individual type of care for the patient in accordance with the situation: primary care,
	prescribe etiotropic and pathogenetic treatment in accordance with the algorithms and standards of patient management and carry out treatment under the supervision of a physician;
	use methods of primary and secondary prevention (based on evidence-based medicine) in treatment activities, establish cause-and-effect relationships of changes in health status from exposure to
	provide first aid in emergency situations, first aid to victims in the lesions in emergency situations;
	carry out resuscitation in case of clinical death;
	carry out with the population of the attached site activities for the primary and secondary prevention of the most common diseases requiring treatment;
	implement preventive measures to increase the body's resistance to adverse environmental factors using various methods of physical culture and sports, hardening, and promote a healthy lifestyle;
	plan, analyze and evaluate the quality of medical care, the state of public health and the influence of environmental and production factors on it.
1	8. STRUCTURE AND CONTENTS OF PRACTICE

The academic load of the Professional Practice, Physician Assistant is 144 hours, 4credits.

Class Code	Topics /Class type	Term / Academic year	Academic hours	Competences	Literature	Interactive	Notes
1	Organization of practice. Safety instruction /SS	8	2	UC-3 UC-4 UC-5 GPC-4		0	practice diary
2	Pre-practice instruction / SS	8	2	GPC-5 GPC-7 GPC-8		0	
3	Professional Practice. Physician Assistant. Therapy / SS	8	90	PC-1 PC-2 PC-3 PC-5 PC-8 PC-9		0	practice diary
4	Processing and analysis of practice information / SS	8	45	PC-10		0	practice diary

5	Credit / Practice report\ SS	8	5	UC-3 UC-4 UC-5 GPC-1 GPC-4 GPC-5 GPC-7 GPC-8 PC-1 PC-2 PC-3 PC-5 PC-8 PC-9 PC-10	0	practice diary, report on the done practice, oral quiz
	Total		144		0	

#### 9. Form of certification (based on the results of clinical practice)

During the working day, the control of the work of students is carried out by the head of the department. The head of the practice monitors the compliance of the student's work assignment with the aims and objectives of the work experience and the quality of mastering skills and abilities. Formative assessment is carried out daily by monitoring the implementation of practical skills. The student keeps a diary of the work performed, certified by the head nurse of the department.

Attestation (credit) is held on the last day of practice according to the diary entries certified by the head nurse, characteristics, table of practical skills and self-analysis of the student's work.

At the final meeting the weak points of the practice are discussed, as well as recommendations for the improving them.

#### Summative assessment for the practice is credit

The results are assessed in a two-grading scale:

- pass
- fail

#### **10. ASSESSMENT TOOLS**

- 1. Practice diary
- 2. Report on the done practice
- 3. Oral quiz

#### METHODOLOGICAL GUIDELINES FOR PRACTICE OUTCOMES ASSESSMENT

#### Stage I: Formative assessment. List of questions for attestation:

#### Sample test points for attestation

- 1. The tactics of the doctor at the bedside of patients with an attack of bronchial asthma.
- 2. Antibiotic treatment of patients with acute focal pneumonia.
- 3. Differential diagnosis of bronchial and cardiac asthma.
- 4. Tactics of the doctor at the bedside with hypertensive cris.
- 5. Complications of hypertension.
- 6. Early and late complications of myocardial infarction.
- 7. Relief of pain in a patient with acute myocardial infarction.
- 8. Treatment of patients with acute myocardial infarction with anticoagulants.
- 9. Indications for treatment with cardiac glycosides. Complications of this therapy.
- 10. Diagnostics of rheumatic activity.
- 11. Treatment of a patient with an active rheumatic process.
- 12. Diet therapy in the exacerbation of peptic ulcer.
- 13. Complications of chronic cholecystitis. Indications for surgical treatment.
- 14. Diet therapy in acute peptic ulcer disease.
- 15. Medical treatment of patients with exacerbations of chronic hepatitis.
- 16. Treatment of edema syndrome in patients with portal cirrhosis of the liver. The prognosis of the disease.
- 17. Diagnosis and treatment of iron deficiency anaemia.
- 18. Clinical variants of chronic diffuse glomerulonephritis. Complications.
- 19. Diagnosis and treatment of chronic renal failure.
- 20. Features of the clinical course of the late phase of opisthorchiasis.
- 21. Ethics and deontology of a medical worker.
- 22. Educating patients with chronic non-communicable diseases in patients' schools.

In the last days of practice each student gets the records with a rating on a 4-point system: - "Excellent – the student performs independently 90-100% of practical skills:

- "good" - the student can perform 80-89% of practical skills under control and prompting;

- "satisfactory" performs 50-79% of practical skills;
- "unsatisfactory" performs less than 50% of practical skills.
- The reasons for the failure of the task are pointed out:
- low student activity,
- insufficient number of working places,

- skills are appropriate to the work of medical institution.

Type of the task	Assessed competences	Assessment criteria	Grade
Oral quiz	UC-3 UC-4 UC-5 GPC-1 GPC-4 GPC-5 GPC-7 GPC-8 PC-1 PC-2 PC-3 PC-5 PC-8 PC-9 PC-10	deep knowledge of the program material, as well as the main content and innovations of the lecture course in comparison with the educational literature; knowledge of the conceptual and conceptual apparatus of the entire course; knowledge of monographic literature on the course, the ability to independently critically evaluate the main provisions of the course; link theory with practice.	Excellent
	UC-3 UC-4 UC-5 GPC-1 GPC-4 GPC-5 GPC-7 GPC-8 PC-1 PC-2 PC-3 PC-5 PC-8 PC-9 PC-10	Complete knowledge of the program material; knowledge of the recommended literature, as well as generally correct, but not always accurate and reasoned presentation of the material.	Good
	UC-3 UC-4 UC-5 GPC-1 GPC-4 GPC-5 GPC-7 GPC-8 PC-1 PC-2 PC-3 PC-5 PC-8 PC-9 PC-10	Superficial knowledge of the most important sections of the program and the content of the lecture course; difficulties with using the scientific and conceptual apparatus and terminology of the course; there is a desire to logically clearly construct the answer, and also indicates the possibility of further training.	Satisfactory
	UC-3 UC-4 UC-5 GPC-1 GPC-4 GPC-5 GPC-7 GPC-8 PC-1 PC-2 PC-3 PC-5 PC-8 PC-9 PC-10	there are significant gaps in the knowledge of the main material on the program, as well as fundamental errors in the presentation of the material	Unsatisfactory

#### Sample Practice diary for attestation

Date	Completed work
(daily)	
9.00-9.20	Morning Conference.
9.20-11.00	Bypass of patients together with the head of the department
	There are 4 patients in the ward:
	Diagnosis:
	Survey plan:
	Treatment plan :
11.00-13.00	I received newly admitted patients. I made 3 initial examinations of the patient, justified the preliminary diagnosis.
13.00-14.00	I helped to conduct classes at the "Asthma School".
	Lesson topic: "Modern methods of treatment of bronchial

The diary should describe the clinical symptoms of 3-4 patients with the interpretation of laboratory and instrumental data and describe medical appointments with the indication of the Latin names of drugs, dosages, multiplicity, method of possession. The

diary should reflect sanitary and educational work, including participation in conducting classes in schools for patients with chronic non-communicable diseases.

#### Sample Report on the done practice for attestation

## Khanty-Mansiysk Autonomous Okrug-Ugra

## "Surgut State University"

## **REPORT ON THE DONE PRACTICE**

### «Professional Practice, Physician Assistant»

(FULL NAME)	
Studentgroup, specialty	
Place	
Terms of practice	Number of hours:144 / Total (in credits) 4
Safety instruction « » 20	

Head of the practice from the department (full name, position):

Head of practice from a medical organization (full name, position):

#### List of practical skills

Levels of mastering practical skills:

1 - to know theoretically, to be professionally oriented, to know the indications for conducting;

- 2 to know theoretically, evaluate, take part in the work of medical personnel;
- **3** to know theoretically, perform independently.

Name of practical skills	Recommended	Achieved	Actual
	level	level	completion
Collection and interpretation of complaints and anamnesis of patients with a therapeutic profile	3		
Physical and systemic examination of the patient with the determination of symptoms of therapeutic pathology (objective status)	3		
Formulation of the preliminary and clinical diagnosis	2-3		
Interpretation of instrumental research methods - ECG, radiographs, ultrasound studies, CT and MRI data, etc.	2		
Differential diagnosis of therapeutic diseases at the admission of patients	2		
Drawing up a patient examination plan for major therapeutic diseases	1-2		
Determination of indications for additional special research methods	2		

Evaluation of hormonal blood tests	1-2	
Evaluation of the myelogram	1-2	
Allergological examination	1	
ECG recording, decoding and evaluation	2-3	
Methods of preparation and analysis of radiographs for the main diseases of the bronchopulmonary, cardiovascular systems, gastrointestinal tract, kidneys, biliary tract, joints, spine, skull	2	
Evaluation of clinical tests of blood, urine, feces, sputum	2-3	
Evaluation of biochemical analyses	2-3	
Evaluation of clinical analyses of pleural and ascitic fluid, biochemical analyses of gastric and duodenal juice	2-3	
Clotting time, bleeding time prothrombotic index	2-3	
Assessment of the electrolyte indicators of blood	3	
Evaluation of the results of a serological study.	2-3	
Hepatitis antigens Methods and evaluation: - urine tests (Nechiporenko test, Zimnitsky test), blood and urine culture, glycemic profile, sugar load test, acid test	2-3	
Drawing up a patient examination plan for major therapeutic diseases	2-3	
Determination of indications for additional special research methods	2-3	
Preparation of a treatment plan (oral/injectable)	3	
Extract of prescriptions, registration of a list of appointments	2-3	
Determination of the prognosis of the disease and the patient's ability to work after the treatment	2-3	
Preparation of a recommendation and a rehabilitation plan for a therapeutic patient after treatment	3	
Conducting sanitary and educational work with the patient or relatives	3	
Participation in the morning medical conference	3	
Bypass of supervised patients. Report of the patient on the bypass	2	

## Final assessment of the practice:\_\_\_\_\_

Head of the practice\_\_\_\_\_

# Midterm assessment (credit) are assessed in a two-grading scale

- 1. «Passed»;
- 2. «Failed»

Type of the task	Assessed competences	Assessment criteria	Grade
Practice diary. Report on the done practice. Oral quiz.	UC-3 UC-4 UC-5 GPC-1 GPC-4 GPC-5 GPC-7 GPC-8 PC-1 PC-2 PC-3 PC-5 PC-8 PC-9 PC-10	The level of knowledge meets the requirements for obtaining excellent, good and satisfactory grades. Reporting documents are provided in full.	Passed

UC-3 UC-4 UC-5 GPC-1 GPC-4 GPC-5 GPC-7 GPC-8 PC-1 PC-2 PC-3 PC-5 PC-8 PC-9 PC-10	There are significant gaps in the knowledge of the main material on the program, as well as fundamental errors in the presentation of the material. Reporting documents were not provided.	Failed
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Students who are late for practice or do not show up for it on certain days, after the end of the practice, must work out all the missed hours in their free time under the supervision of the senior nurse of the Department, independently submit a diary and characteristics, a table of skills and self-analysis to the head of practices from the Department and decide whether to pass the final certification.

After conducting a test for local non-resident students, the heads of practices from the Department fill out statements and a report on the practice. The original statements are submitted to the educational and methodological part of the medical Institute, and copies are attached to the report and sent to the practice Department.

		11. COURSE (MODULE) RESOURCES						
		11.1. Recommended Literature						
	6.1.1. Core							
	Authors	Title	Publish., year	Quantity				
L 1.1	Ivashkin V.T., Okhlobystin A.V.	Internal diseases propedeutics [Электронный ресурс] https://www.studentlibrary.ru/book/ISBN9785970436011.h tml	М. : ГЭОТАР- Медиа, 2016.	1				
		6.1.2. Supplementary						
L 2.1	V. N. Oslopov, O. V. Bogoyavlenskaya, Yu. V. Oslopova et al	manual	М. : ГЭОТАР- Медиа, 2014.	1				
		6.2. Internet resources	-					
Stud	-	ww.studmedlib.ru, «Guarantor», «Consultant Plus», «Consultant	-region», FreeMedicalJo	ournals				
	Russian medical journ	- V						
		dicum" http://www.consilium-medicum.com/media/consilium						
		ttp://www.rspor.ru/index.php?mod1=standarts3&mod2=db						
Proto	ocols for the management	nt of patients:: <u>http://www.rspor.ru/index.php?mod1=protoco</u>	ls3&mod2=db					
Reso	urce on drug interaction	n http://medicine.iupui.edu/flockhart/						
		6.3. Software						
	1 .	crosoft, applied programs pack Microsoft Office						
	Internet access (Wi-Fi							

## 12. SPECIAL CONDITIONS OF THE EDUCATIONAL PRACTICE, PRIMARY PROFESSIONAL AND RESEARCH SKILLS PRACTICE FOR INDIVIDUALS WITH DISABILITIES

In accordance with the requirements of the State Programme of the Russian Federation "Available Environment" 2011-2020 years, in particular, subprogramme 1, "ensuring the accessibility of priority facilities and services in vital spheres of life for people with disabilities and limited mobility» every medical organizations which are the clinical bases of the passing educational and professional practices have the characteristics of "barrier-free environment" for students with disabilities of the Medical Institute.

Currently, the University buildings are equipped by the main types of availability. The entrance is equipped by a ramp and handrails, the necessary information signs and icons are placed on the territory of the hospital complex. In the establishment there is a special sanitary and hygienic room for people with limited mobility. The building is equipped by a passenger-and-freight lift, that's why visiting the offices located on the ground, second and third floors of the University is absolutely available.